

Exemplary literature

Simões-Wüst, A.P., et al., Sleep Quality Improves During Treatment With Bryophyllum pinnatum: An Observational Study on Cancer Patients. *Integr Cancer Ther*, 2015. 14(5): p. 452-9.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4538317/pdf/10.1177_1534735415580680.pdf

Berger, B., C. Schwarz, and P. Heusser, Watchful waiting or induction of labour--a matter of informed choice: identification, analysis and critical appraisal of decision aids and patient information regarding care options for women with uncomplicated singleton late and post term pregnancies: a review. *BMC Complement Altern Med*, 2015. 15: p. 143.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4480447/pdf/12906_2015_Article_663.pdf

Fagerstedt, S., et al., Anthroposophic lifestyle is associated with a lower incidence of food allergen sensitization in early childhood. *J Allergy Clin Immunol*, 2016. 137(4): p. 1253-6 e1-3.

[http://www.jacionline.org/article/S0091-6749\(15\)01729-7/pdf](http://www.jacionline.org/article/S0091-6749(15)01729-7/pdf)