

## Financial Report for 2018

As already indicated in our Financial Report for 2017, there were personnel changes in the first half of 2018: since Doris Witter retired, who had managed our secretariat professionally and lovingly for more than five years, a new person had to be found for this task. After an intensive search, Claudia Holtermann joined our team and quickly settled into her new task – competently accompanied by Doris Witter during the first weeks. As a leader of educational trips, she is well versed in dealing with people, is fact-oriented and linguistically competent, and it is impossible to imagine our secretariat without her. – Also budget-relevant in the first months of 2018 was the installation of a new address database, designed by Mathias Hofmann at the end of 2017, which replaced our old one after a good decade of technical development. In the course of this, we changed the mode of sending our newsletter and invitations to events of the Medical Section, also in view of the new data protection regulations. We have been using newsletter software for this purpose since summer 2018. – Our cloud-based communication portal SharePoint for the CARE groups and for individual IKAM areas was continuously developed throughout the year.

It was a great pleasure to activate our Anthromedics portal in autumn 2018 and publish the results of our CARE group work to date, supplemented by introductory texts on Anthroposophic Medicine. This project, largely funded by foundations, presents multi-professional concepts and therapy recommendations of Anthroposophical Medicine for symptoms and diseases that have lacked satisfactory treatment in the mainstream up to now. The content of the portal will be further expanded in the coming years.

Looking back at the financial statements for 2018, we can see that our expenses and income were a good 4% higher than budgeted, and that we only had to draw down slightly more than the promised contribution of TCHF 120 from the General Anthroposophical Society (GAS). As in the past, three of our areas of work were largely based on donations from foundations, institutions and partners. One concerned training and further training initiatives – essentially IPMT, eurythmy therapy training and eurythmy therapy training for doctors and medical students – whose expenses were covered about 57% by donations and 43% by the trainees and IPMT participants. In contrast, the basic financing of the Medical Section was almost 100% and the financing of the core projects CARE and Anthromedics was fully carried by donations, for which we are very grateful to the foundations, institutions and partners, some of whom have faithfully supported us for many years.

As in previous years, the response to our conferences and meetings was very encouraging. In particular, our 2018 annual conference on the subject of light met with a great deal of interest and is largely responsible for the fact that a surplus of around TCHF 33 was generated through conferences. One area of activity of the Medical Section which is still underfunded was and is the international coordination of the individual professional groups within Anthroposophic Medicine (IKAM). Thanks to Mathias Hofmann's involvement in the IKAM secretariat, which was set up at the end of 2017, digitally based cooperation has become more professional and economical. In addition, the increasing worldwide spread and differentiation of anthroposophic therapies generated a need for more people to coordinate the professional fields within Anthroposophic Medicine. In 2018, only about 50% of these expenses were covered by contributions from associations, institutions or individuals. A medium-term goal is to substantially improve this ratio between IKAM expenditure and contributions from those who benefit from the work of IKAM coordinators. – Finally, we turn to the area of research and publications: this area was and is per se a subsidized area, as the sale of our publications and the low payments to authors cannot refinance the expenses associated with producing publications. In view of our unfortunately still quite limited readership, the editions are too small for this.

We have prepared a budget for 2019 which – in view of the planned activities – is in the order of magnitude of the budget for 2018.

We would like to thank all our donors – foundations, institutions, medication manufacturers, associations and private individuals – very much for supporting our work!

Stefan Langhammer