

Dear Colleagues in all medical specialties!

How can we, as teachers, teach Anthroposophic Medicine in an appropriate way? How do we do it so that we simultaneously learn and teach in a way that supports working well with colleagues in different professional groups? Because if a start is not made in training, it is difficult to catch up later on. The Medical Section at the Goetheanum has since 2014 offered a part-time, interprofessional further training, “Teach the Teacher in Teaching Anthroposophic Medicine”, in three successive annual modules, in which it is possible to make a start at any time. Here the interchange with approx. 60 participants from about 20 countries represents a great asset. At the heart of the course lies the endeavour of patient-centred training and further training as well as the use of teaching methodology extended by imagination, inspiration and intuition-based knowledge.

The thematic focus of this year’s course is the art of lecturing and the key question how lecturing can become a good training instrument so that a lecture becomes a sustained source of learning for those attending. This comprises both analysis of the opportunities offered by this technique as well as the challenge to make use of it in a meaningful, professional and competent way.

The course provides a direct experience of methodological teaching instruments and techniques in practical tasks and secures what has been learnt through appropriate teaching methods. In doing so, participants and speakers form a common actively learning and teaching community on a common path of practice. Questions concerning teaching techniques as well as securing what has been worked on hereby pervade the whole progression of the course.

As current travel restrictions will make it impossible for many people to attend the conference, we will offer a separate course module on online teaching at a later date.

There will be professional German|English consecutive interpretation, with technical support for whispered translation into other languages. Everyone who wants to learn to teach Anthroposophic Medicine on training and further training courses in ever better ways is warmly invited to this course!

The prerequisite for attendance is a successfully completed training in one of the health professions recognised by the Medical Section at the Goetheanum, professional experience in Anthroposophic Medicine, as well as the corresponding teaching experience or the

concrete intention to take up such teaching activity (including on a practical level in a clinic/practice or as a mentor). Please register soon because the number of participants has been restricted to ensure that the course is of high quality.

The speakers have waived their fee for this course which is budgeted to cover its costs and is financially self-supporting without donations. Any surpluses will be used for the new “Teach the Teacher” website created in parallel with the course with materials (German|English) for independent study. A reduction of the attendance fee may be granted on request in justified cases.

Hana Adamcova, IKAM Coordinator for Eurythmy Therapy, training initiatives in the Czech Republic

Adam Blanning, Medical Training USA

Jan Feldmann, IKAM Coordinator of Medical Training

Rolf Heine, Academy of Nursing Professions at the Filder Clinic, IKAM Nursing Coordinator

Robert Kempenich, Medical Training France, President AREMA

Stefan Langhammer, Medical Section, IPMT Coordinator

Laura Piffaretti, Music Therapist (ED), Lecturer on the Orpheus Music Therapy Course

Marina Rykina, Medical Training Russia

Franziska Schmidt-von Nell, Creative Speech Practitioner and Therapist

Michaele Schulz-Matan, Art Therapist ED, Lecturer in the Sculpture School at the Goetheanum

Georg Soldner, Head of the Medical Section

Christina Spitta, International Association for Anthroposophic Body Therapy IAABT

Martin-Günther Sterner, Council Member of the Society of Anthroposophic Physicians in Germany (GAÄD)

Diethard Tauschel, Collegial Director of the Integrated Curriculum for Anthroposophic Medicine, Witten/Herdecke University



Teach the Teacher in Anthroposophic Medicine

Lecturing well

Composition – Technique – Resonance

11 – 13 September 2021

Goetheanum

Sat 11.09.2021		Sun 12.09.2021		Mon 13.09.2021	
<p style="text-align: center;">Lecturing well</p> <p style="text-align: center;">-</p> <p style="text-align: center;">Composition – Technique – Resonance</p>		08:30 09:00	<p style="text-align: center;">Bearing: Spacial Dynamics, eurythmy <i>C. Spitta, H. Adamcova</i></p>	<p style="text-align: center;">Bearing: Spacial Dynamics, eurythmy <i>C. Spitta, H. Adamcova</i></p>	
		09:15 10:45	<p style="text-align: center;">Composing a lecture – structure Group work <i>J. Feldmann, F. Schmidt-von Nell, M.-G. Sterner</i></p>	<p style="text-align: center;">Composing a lecture – set subject Group work <i>J. Feldmann, F. Schmidt-von Nell, M.-G. Sterner</i></p>	
		10:45 11:15	Break		
		11:15 12:30	<p style="text-align: center;">Giving a lecture Presentation of contributions brought along Reflection <i>J. Feldmann, F. Schmidt-von Nell, M.-G. Sterner</i></p>	<p style="text-align: center;">Giving a lecture in the small group Feedback <i>J. Feldmann, F. Schmidt-von Nell, M.-G. Sterner</i></p>	
		12:30 14:30	Lunch break		
		14:30 15:30	<p style="text-align: center;">Illustrating a lecture – exercises <i>S. Langhammer</i> Speaking – exercises <i>F. Schmidt-von Nell</i></p>	<p style="text-align: center;">Illustrating a lecture – exercises <i>S. Langhammer</i> Speaking – exercises <i>F. Schmidt-von Nell</i></p>	
		15:30 16:00	Break		
		16:00 16:50	<p style="text-align: center;">The good performance in the auditorium Standing – Walking – Speaking <i>F. Schmidt-von Nell, C. Spitta, H. Adamcova</i></p>	<p style="text-align: center;">Lectures from the small group and feedback in plenary session <i>Chair: G. Soldner</i></p>	
18:30 19:00	Check-in	17:00 18:00	Practical exercises with feedback	Reflection on and evaluation of the course, conclusion <i>F. Schmidt-von Nell</i>	
19:00 19:15	Welcome <i>J. Feldmann</i>	18:00 19:15	Evening break		
19:15 20:45	<p style="text-align: center;">What can we learn today from Rudolf Steiner’s Course for Speakers GA 339 <i>Keynote presentation by M.-G. Sterner</i> 19:15 – 19:35 Introduction to the work in small groups <i>R. Heine</i> 19:35 – 19:45 Work in small groups on the content of the Course for Speakers 19:45 – 20:30 Summary 20:30 – 20:45</p>	<p style="text-align: center;">19:15 – 20:30 Practising verse meditation - with exercises - <i>R. Kempenich</i> <i>R. Heine</i></p>			