



Our Courage **to shape our therapeutic** **day-to-day life**

Online-Event

From and for the Anthroposophic Arts Therapies of
Painting & Sculpture, Music & Singing, Speech & Drama
and all people interested in this work

Saturday, 22. April 2023

13:00 - 17:00 (MEZ)

Goetheanum

We will be exploring courage by looking at moments filled with courage in our day-to-day life. What nurtures our courage? When is our courage needed? We look forward to an inspiring and lively sharing to guide our activities!

Program, breaks included

- Welcome and Introduction at 13:00 (MEZ)
- Lecture by Adam Blanning on the topic of courage in everyday medical practice
- Short contributions from the 4 disciplines on the topic of how we prepare ourselves for our therapeutic everyday life with courage.
- Exchange in small breakout rooms including chat function
- The courage of a therapist at the end of her/his life.
- Conclusion at 17:00

[Registration](#) (registration possible until 20 April 2023)

The organiser is [ICAAT](#) in cooperation with the Medical Section. The event takes place on a donation basis. Please help us to cover the expenses. The event is live only and will not be recorded.

We look forward to your ideas and contributions in our joint work!

Warm wishes

Laura Piffaretti, Esther Böttcher and Linda Teipen

On behalf of the preparation group