

Body and I

The Immune System
and Autoimmune Disease



12–17
September 2023
at the Goetheanum

International Annual Conference
of the Medical Section



Anthroposophic
Medicine

Spiritual deepening, September 14-15, 2023

Thursday, 14 Sept

Spiritual deepening

15.00 "It is the spirit that builds the body" - The action of the I-organisation in the human body

Lecture by Matthias Girke

16.30 Coffee break

17.15 Class lesson and workshops

18.30 Evening break

20.00 Welcoming the unborn - Farewell to the deceased

Anne-Gritli Göbel-Wirth

Commemoration of the dead

Matthias Girke

Conclusion with eurythmy

Ends 21.00

Friday, 15 Sept

08.15 Artistic and meditative prelude

9.15 Class lesson and workshops

10.30 Coffee break

11.15 Turning to the future: Rudolf Steiner and Ita Wegman in Paenmaenmawr in August 1923

Lecture by Peter Selg

12.30 Lunch break

Spiritual deepening Workshops and Class lessons

Thursday, 17.15-18.30 /
Friday, 09.15-10.30

The two units of the workshops build on one another.

1. The meditations of the 11th lecture of the meditative path of knowledge of the Michael School (DE) (For members of the first class of the School of Spiritual Science)

Free rendering of the class lesson on Thursday with conversation on the meditations of the 16th class lesson on Friday.

Dr med Matthias Girke

2. The meditations of the 11th lecture of the meditative path of knowledge of the Michael School (EN) (For members of the first class of the School for Spiritual Science)

Free-form class lecture on Thursday with conversation on the meditations of the 16th class lecture on Friday.

Adam Blanning MD

3. Forming the Temple (DE / EN) (For members of the first class of the School of Spiritual Science)

We will move the essential content of Rudolf Steiner's 11th class lesson together and in doing so also apply ideas and exercises from Spatial Dynamics@.

Jaimen McMillan, Christina Spitta

4. Gospel work (DE)

This year in our work on spiritual deepening we want to look at the topic of community building in the Gospels and Luke's Acts of the Apostles. We are guided by the question of the spiritual dimension of the community and its significance for the art of healing. To this end we will deepen selected text passages in a joint dialogue. The goal is to

recognise where and in what form community building is described in the Gospels. In doing so, we can experience that in working together on and with these texts, community building also begins on a higher level.

Georg Soldner, Dr med Jan Vagedes

5. Getting to know Vidar as a guide in the etheric (EN)

The new archangel once known by the name Vidar provides the etheric sheath for Christ in our time. This being has been an important figure in ancient mysteries and is an important figure in the future mysteries which already begin. How can we develop a relationship to this being? The activity of Vidar throughout the ages will be explored along with his activity in our time, including his relationship with Michael and Christ. Vidar is known not only in Norse mythology as the silent Aesir who overcomes the Fenris Wolf (Ahriman), but also as the angel of Gautama Buddha (see GA 121).

Susan Overhauser PhD

6. Recollection, stillness of soul and imagination (DE)

We want to work with and on the three prompts to practice of the Foundation Stone Meditation "Practice spirit recollection - Practice spirit contemplation - Practice spirit vision". It is about remembering and forgetting, stillness of soul and movement of soul, and about becoming conscious of imaginations.

Rolf Heine

7. Foundation Stone Meditation (EN)

Exchange after motion research in the three cosmic planes. Because of their relationship with our willing, feeling and thinking, we can connect here with the magic powers of depth, circumference and height. In the horizontal plane, the great secret lies in the attunement between lungs and heart, where cosmic rhythms connect with pulse and blood rhythm. In the rhythm of the solar year, the small human breath rhythm is harmonically connected with the greatest rhythm of the world breath. "For Christ's will rules in the surrounding sphere / Granting grace to souls in cosmic rhythms".

Hannie Bakker

8. Introduction to the School of Spiritual Science (DE)

This workshop is addressed to everyone who wants to familiarise themselves with the School of Spiritual Science and the schooling path of the class lessons. No previous knowledge is necessary.

Dr med Marion Debus

9. Introduction to the School of Spiritual Science (EN)

The working group is intended for anyone who wants to get acquainted with the School for Spiritual Science and the path of schooling within the class lessons. Previous experience is not required.

Michelle Vette

10. Guided tour of the Rudolf Steiner Atelier - October 1924 to March 1925

(DE, Thursday only)

Meditative reflection on the last period in Rudolf Steiner's life, his work and intentions, as well as his support from Ita Wegman, at the location of

the historical events, of his dying and death.

Prof Dr med Peter Selg

11. Rudolf Steiner Atelier, October 1924 until March 1925 (EN, Friday only)

Meditative reflection on Rudolf Steiner's last period of life, his works and intentions as well as his accompaniment by Ita Wegman at the place of the historical event, his death and dying.

Prof Dr med Peter Selg

Registration for conference

We look forward to your personal participation at the Goetheanum for the annual conference of the Medical Section. The conference is divided into three parts - specialist conferences of various professional groups in Anthroposophic Medicine; the spiritual deepening of our conference topic; and, in conclusion, the multiprofessional conference which brings the three parts of the conference together.

We would, of course, be delighted to welcome you as guests for the whole of the conference.

However, you can also register for the individual parts or combinations thereof.

Throughout the conference, the lunches are included in the conference fee. Breakfast and evening meal can be booked separately as required.

The conference will be translated into German, French, Italian, Spanish, Russian and English.

Price structure of the annual conference of the Medical Section 2023

Booking of *all conference parts* from 12 to 17 September 2023

(with discount for booking the whole conference; lunches are included in the prices):

Normal price	CHF 600
Concessionary price	CHF 460
Student price	CHF 260
Support price	CHF 900

Booking of *individual conference parts or combinations* (lunches are included in the prices):

Part 1 Specialist conferences

Normal price	CHF 260
Concessionary price	CHF 200
Student price	CHF 120
Support price	CHF 380

Part 2 Spiritual deepening

Normal price	CHF 130
Concessionary price	CHF 100
Student price	CHF 60
Support price	CHF 200

Part 3 Multiprofessional unit

Normal price	CHF 260
Concessionary price	CHF 200
Student price	CHF 120
Support price	CHF 380

Registration

in German:

goetheanum.ch/de/veranstaltungen/ms-jahreskonferenz

Registration

in English:

goetheanum.ch/en/events/ms-jahreskonferenz