

# Studying and addressing LIFE in medicine

## *Anthroposophic Medicine research congress*

### *on concepts, research methods and implementation in clinical practice*

March 4 - 6, 2022

Goetheanum in Dornach, Switzerland

To explore and fully understand the conditions of life and life itself, the methods and concepts of conventional (natural) science do not appear to be sufficient. They need to be matched by methods and concepts from spiritual science. What are the consequences, challenges and opportunities/ chances of an integrated holistic, i.e. natural and spiritual science based concept of life (of) for science and for healthcare practice?

In the 2022 Anthroposophic Medicine research congress we will first explore the contributions and limitations of conventional concepts of life and how spiritual science can help to improve our understanding of life. Then we will explore how we can study life in nature (plants, animals) and medicine; which conventional and anthroposophic methods can be used and what kind of results do they 'produce'? Subsequently we will hear how and with which results life (processes) are studied and addressed in Anthroposophic Medicine, in for example Anthroposophic Medicine diagnostics, eurythmy therapy, physiotherapy, biography work, psychotherapy and nursing, and also in related anthroposophic fields like bio-dynamic agriculture and Waldorf schools. In workshops these and related topics will be discussed further.

During the congress there will be poster sessions on Anthroposophic Medicine research, a performance of scenes of the Mystery Dramas (biography and karma) and the opportunity to have personal exchanges with researchers 'on the market place'. The congress will end with a plenary discussion on four questions:

- What did we learn from the congress that is important for the future development of Anthroposophic Medicine?
- Where do we stand with the concepts, methods and implementation of life knowledge?
- Which questions do we have to answer in the next 10 years?
- How can we collaborate within and outside of Anthroposophic Medicine?

The congress is primarily meant for Anthroposophic Medicine healthcare professionals, healthcare students and researchers. Subject to possible changes, the following speakers will be present:

- Prof. Dr. Erik Baars (limitations of conventional life concepts)
- Prof. Dr. Ton Baars (biodynamic agriculture)
- Dr. Bettina Berger (biography and personal development)
- Dr. Pim Blomaard (Anthroposophic Medicine diagnostics)
- Dr. Katharine Gerlach (eurythmy therapy)
- Dr. Craig Holdrege (Goethean phenomenology)
- Dr. John Lees (anthroposophic psychotherapy)
- PD Dr. Bernd Rosslenbroich (properties of life)
- Dorian Schmidt (spiritual science)
- Prof. Dr. Tomás Zdrzil (Waldorf education)
- Researchers in the fields of AM nursing and physiotherapy
- ..... and others

For the preparatory group

**Prof. Dr. Ursula Wolf**

**Prof. Dr. Erik W. Baars**