

Dear colleagues, dear friends

The 'Young Impulses in Anthroposophic Medicine' group warmly invites everyone holding a place in their heart for the talks known as the "Young Doctors Course" to their January conference. The conference at the Goetheanum takes place over the timeframe in which the original talks were given by Rudolf Steiner, exactly one hundred years ago.

Accompanying the international centennial conference, an online series of meetings will be offered for colleagues unable to participate in the main conference. With this online addition we hope to create connections between many colleagues working on many continents **and to deepen our striving for Anthroposophic Medicine**. (<https://medsektion-goetheanum.org/en/events-conferences>).

If you are unable to travel to Switzerland to attend the main conference, you are warmly invited to join the online workshop series. It is open to doctors, nurses, therapists and all friends interested in connecting to the impulse of the Course for Young Doctors.

During the online workshop, we will engage with questions central to healing work, which Steiner brought in a powerful way during the Young Doctor's Course (GA 316). These include: How do I meet the world in my everyday life? Can I perceive in a new way? How does this help me find the good? It is also special that this meeting will happen during the holy nights and Epiphany, a time when spiritually we bridge from one year to the next and which corresponds to exactly 100 years after Steiner's meeting with young colleagues. The online meeting will happen in a breathing alternation with the Dornach conference—one group meeting while the other sleeps, and vice versa.

The online workshop runs for five days:

- 1.5 hours on first and last days. January 3rd & 7th (Americas)
4th & 8th (Eastern Europe/Asia/Australia/NZ).
- 3.5 hours on January 4th, 5th, 6th (Americas)
January 5th/6th/7th (Eastern Europe/Asia/Australia/NZ).

The workshop will include small group discussion, eurythmy, artistic work, and teaching presentations by Albert Schmidli (pharmacist) and Adam Blanning (medical section co-leader). Simultaneous translation will be offered in Spanish and Russian. Please tell us in [this query](#) which translation you need.

The main presentations will be recorded and will be made available to participants for an additional four weeks. The small-group discussions will not be recorded.

We look forward to working together.

Best regards

Adam Banning, Albert Schmidli, Glenda Monasch and Margaret-Mary Farr
For the preparatory group

Programme

SCHEDULE	Jan. 3/Jan. 4	Jan. 4/Jan.5	Jan. 5/Jan. 6	Jan. 6/Jan. 7	Jan. 7/Jan. 8
1.5 hours	Welcome and introduction (30 mins.) small group work (30 mins.) Artistic work (30 mins.)	<i>Saturn, Lead and the Archangel's Gaze</i> A. Schmidli	<i>The Moon, Silver and the Archangel's Gaze</i> A. Schmidli	<i>The sun, gold and the gaze of the archangel</i> A. Schmidli	Artistic work (30 mins.) Small group sharing (25 min.) Closing Question and Answer (35 min.)
20 minutes		Break	Break	Break	
30 minutes		Eurythmy	Eurythmy	Eurythmy	
1 hour		<i>Forces of Growth and Forces of Consciousness</i> A. Blanning	<i>Enlivening Our Thinking and the Stream of Time</i> A. Blanning	<i>Clinical Insights for Development and Change</i> A. Blanning	
10 minutes		Closing	Closing	Closing	

Here are samples schedules for different parts of the world—we hope to create a bridge of cooperation across the continents:

Moscow, RUSSIA	Jan. 3/Jan. 4	Jan. 4/Jan.5	Jan. 5/Jan. 6	Jan. 6/Jan. 7	Jan. 7/Jan. 8
4am-5:30am MSK (UTC+3)	Intro, small groups, Art	Presentation 1	Presentation 3	Presentation 5	Art, small groups, Q&A
5:30-5:50am		Break	Break	Break	
5:50-6:20am		Eurythmy	Eurythmy	Eurythmy	
6:20-7:20am		Presentation 2	Presentation 4	Presentation 6	
7:20-7:30am		Closing	Closing	Closing	

Bangkok, THAILAND	Jan. 3/Jan. 4	Jan. 4/Jan.5	Jan. 5/Jan. 6	Jan. 6/Jan. 7	Jan. 7/Jan. 8
8am-9:30am ICT (UTC+7)	Intro, small groups, Art	Presentation 1	Presentation 3	Presentation 5	Art, small groups, Q&A
9:30-9:50am		Break	Break	Break	
9:50-10:20am		Eurythmy	Eurythmy	Eurythmy	
10:20-11:20am		Presentation 2	Presentation 4	Presentation 6	
11:20-11:30am		Closing	Closing	Closing	

Sydney, AUSTRALIA	Jan. 3/Jan. 4	Jan. 4/Jan.5	Jan. 5/Jan. 6	Jan. 6/Jan. 7	Jan. 7/Jan. 8
12pm-1:30pm AEDT (UTC+11)	Intro, small groups, Art	Presentation 1	Presentation 3	Presentation 5	Art, small groups, Q&A
1:30-1:50pm		Break	Break	Break	
1:50-2:20pm		Eurythmy	Eurythmy	Eurythmy	
2:20-3:20pm		Presentation 2	Presentation 4	Presentation 6	
3:20-3:30pm		Closing	Closing	Closing	

Denver, UNITED STATES	Jan. 3/Jan. 4	Jan. 4/Jan.5	Jan. 5/Jan. 6	Jan. 6/Jan. 7	Jan. 7/Jan. 8
6pm-7:30pm MDT (UTC-6)	Intro, small groups, Art	Presentation 1	Presentation 3	Presentation 5	Art, small groups, Q&A
7:30-7:50pm		Break	Break	Break	
7:50-8:20pm		Eurythmy	Eurythmy	Eurythmy	
8:20-9:20pm		Presentation 2	Presentation 4	Presentation 6	
19:20-9:30pm		Closing	Closing	Closing	

Buenos Aires, ARGENTINA	Jan. 3/Jan. 4	Jan. 4/Jan.5	Jan. 5/Jan. 6	Jan. 6/Jan. 7	Jan. 7/Jan. 8
10am-11:30pm ART (UTC-3)	Intro, small groups, Art	Presentation 1	Presentation 3	Presentation 5	Art, small groups, Q&A
11:30-11:50pm		Break	Break	Break	
11:50-12:20am		Eurythmy	Eurythmy	Eurythmy	
12:20-13:20am		Presentation 2	Presentation 4	Presentation 6	
13:20-13:30am		Closing	Closing	Closing	

Presenters:

Adam Blanning MD, family doctor in Colorado, USA

Albert Schmidli, pharmacist, Thailand

Glenda Monasch, therapeutic eurythmist, Colorado USA

Margaret-Mary Farr, art therapist, New Zealand

Tuition:

We have three payment levels, 150 CHF, 100 CHF, 50 CHF. Please pay what is possible, based on your work and your country. We hope the money gathered for this workshop can be a seed for continuing and growing international medical section work in the coming months and years.

Please contact us if these tuition levels are a hardship.