



# Becoming a True Human Being by Spanning the Threshold

A First Class Conference

for Professionals who work Psychotherapeutically

September 7 (15:30) - September 10 (12:15), 2024

Goetheanum, Dornach, Switzerland

*Blue Cards Required*

In these times of fragmentation, strife, and war, it is difficult to maintain our integrity as world human beings. How can we uphold our essential humanity in the onslaught of world events? Our struggles can result in outer discord and personal illness, including all sorts of mental health difficulties associated with an unconscious crossing of the threshold. How does our *conscious work* to cross the threshold to the spiritual world contribute to our essential humanity?

Our First Class conference for psychotherapists will look at Class Lesson 7 and the Recapitulation Lesson 6 which augments Lesson 7. In this class lesson, we cross the threshold; we are invited to experience the transformation of the soul forces of thinking, feeling, and willing in the spiritual world. How does the experience of the soul forces, transformed, inform our work as psychotherapists? What are the differing implications for our ability to be truly human (and thus humane) if we are able to cross the threshold consciously, versus merely unconsciously? Our goal is to learn how to become a true human being and then to support this process of becoming in our clients.

The conference is participatory, with small group work. The conference will include Class Lessons, conversations, and eurythmy.

Interested First Class members from healing professions are welcome to attend, especially psychotherapists and all professionals who work in a psychotherapeutic way with clients. Please bring your School of Spiritual Science **blue card** for admittance. The conference will be offered in the **English language**, with additional reading of the mantras in German.

To receive further emails about this conference, and to register, please email the initiative group with your contact information at [FCPsych@GoogleGroups.com](mailto:FCPsych@GoogleGroups.com).

Warmly,

Giovanna Bettini, Wolfgang Drescher, Jacqueline Gerbrands, Boris Krause, Susan Overhauser,  
Tatiana Pavlova, and Ursula Schöbel

A Conference of the Medical Section of the School of Spiritual Science

# Becoming a True Human Being by Spanning the Threshold 2024 Conference Schedule

Time	Saturday, Sept. 7	Sunday, Sept.8	Monday, Sept. 9	Tuesday, Sept. 10
9.00-10.15		Class Lesson 7 Free Rendering ( <i>Boris Krause</i> )	Class Lesson Recapitulation 6 Free Rendering ( <i>Wolfgang Drescher</i> )	Class Conversation On Lessons 7 & Recapitulation 6
10.15-10.45		<i>Break</i>		
10.45-12.00		Small Groups: Working with Lesson 7	Small Groups: Working with Recapitulation 6	Review and Preview Closure, with Foundation Stone Meditation
12.00-14.00		<i>Lunch Break</i>		
14.00-15.00		Eurythmy ( <i>Silke Sponheuer</i> )	Eurythmy ( <i>Silke Sponheuer</i> )	
15.00-15.30	15:00 Registration	<i>Break</i>		
15.30-17.30	Introduction: Spanning the Threshold ~17:00 Viewing the Sculptural Group	Small Groups: Psychotherapeutic Implications	Small Groups: Psychotherapeutic Implications	
17.30-19.00	<i>Dinner Provided</i>	<i>Dinner Provided</i>	<i>Dinner Provided</i>	
19.00-20.30	Class Lesson 7 Reading ( <i>Giovanna Bettini</i> )	Becoming a True Human Being	Group Conversation: Psychotherapeutic Implications of C7 & R6	
20.30-20.40		Foundation Stone	Foundation Stone	

We will meet in the Glashaus building near the Goetheanum in Dornach. To indicate your registration, please email the initiative group with your contact information at [FCPsych@googlegroups.com](mailto:FCPsych@googlegroups.com). The conference is offered in the **English** language; simultaneous translation in the same room is not available. Conference cost is Swiss Frank **CHF300 or Euro €300**. Please bring exact cash. Dinner on Saturday, Sunday, and Monday evenings will be provided. Please remember to bring your blue first class membership card.