



Newsletter of the Medical Section

Easter 2022

Peace dance

The soul's wishes quicken,
The will's deeds grow,
Life's fruits ripen.
I feel my destiny,
My destiny finds me.
I feel my star,
My star finds me.
I feel my goals,
My goals find me.
My soul and the world are but one thing.
Life, it grows brighter around me,
Life, it grows more difficult for me,
Life, it grows richer in me.

Rudolf Steiner, *For Eurythmy* 1914
and *Dornach*, 10 July 1924 (GA 40)



From left to right: Medical conference in St Petersburg from 23–27 February 2022, a productive meeting of the Russian community, including with the music therapist Viola Heckel from Germany, albeit in a week overshadowed by the outbreak of war in Ukraine; the "Staff of Mercury" bronze casting by Christian Hirsch, the former head of the Visual Arts Section, is shown to advantage against a spring backdrop in front of the Medical Section; an intensive week of work at the Goetheanum: visit by the English Training in Anthroposophic Medicine under the direction of Dr Michael Evans.

Dear Co-workers
and Friends of the Medical Section,

Thoughts for Easter

This year, Easter time coincides with a dramatically changed world situation. In addition to the great crises of humankind, such as the climate crisis and the Covid pandemic, there is the armed conflict in Ukraine which, 33 years after the fall of the Berlin Wall, is once again provoking confrontation between East and West in Europe. Instead, what is really needed is for the impulses of East and West to work together, not be divided. In the meantime, extensive help has been initiated: medicines are arriving in Ukraine, emergency education has begun its work, numerous refugees are arriving in European countries and are also being welcomed in anthroposophical institutions, hospitals and

schools. We are in contact with our Ukrainian friends and together with them hope for an end to this so destructive war. But our friends in Russia also need our support, because the consequences of the war also affect the anthroposophical medical impulses there.

The inhuman shadow of war thus points at the same time to a powerful light that shines in a developing humanitarian attitude. We feel the necessity of immediate support, and thus help for one another, which is provided by many people. With the Ukrainian refugees, new encounters and relationships between people are emerging, also across different cultural spheres and language areas. In the encounter

with the other there lives the uniqueness of their indestructible individuality. Encounter can reveal the divine in the other person and bring it to effectiveness. It is an awakening for and through the other person in their soul and spirit. In emergency situations we often awaken to the other person, whereas the regular routine of life can lead us to fall asleep, which does not allow the other person to become visible in their being and impulses.

However, crises are only overcome when a new understanding develops. War always means the displacement of a spiritual conflict into a pathological realm of weapons and violence. Such an event requires a new understanding that also includes the spiritual powers working in the background.

The heart of the matter is how we as humankind can increasingly find our way to a non-violent mutual understanding, a respect for the free individuality, and a common concern for the living earth – and not let ourselves be overwhelmed by fear of the future, polarisation into mutual hatred, and a purely material thinking that does not know love and ends in dark despair.

Understanding has something mediating about it; indeed, the search for truth unites. In this respect a spiritual understanding of the contemporary situation is required in order to arrive at the necessary forces of peace.

This addresses three impulses, three ideals that shine through when it comes to the development of a humanitarian attitude: fraternity; the flash of the divine in the other human being in the interpersonal encounter; and the questions of spiritual scientific cognition. These ideals want to take effect in humankind and are inspired from the world of the angels (Steiner, R: *Death as Metamorphosis of Life*, CW 182, lecture of 9 October 1918). As light of knowledge, love between human beings, and fraternal efficacy in life, they are associated with the resurrection forces connected with Easter, the Mystery of Golgotha, and can lead to helping, healing forces especially at this time.

Activities of Anthroposophic Medicine in Dornach and worldwide

The past few weeks have seen a lot of activity in the global medical movement. On the very day the war began, **a medical conference on anthroposophical palliative medicine took place in St Petersburg**. The work together was rich in content and deep, and not just because of the events that were looming at the time, for which we are very grateful to our Russian colleagues.

A special event was the module of the **English Training in Anthroposophic Medicine** which took

place at the Goetheanum in March. After several training units that were only possible virtually, most of the participants of this international training course were able to come to the Goetheanum and deepen their knowledge of Anthroposophic Medicine "on site". Numerous topics were worked on together with those present, but also for those only participating virtually. Details of Rudolf Steiner's and Ita Wegman's work together and also the visit to Klinik Arlesheim touched on the development, nature and practice of Anthroposophic Medicine. We would like to thank the leaders of this training course very much for their intensive work and would like to invite other anthroposophical medical training courses to run one of their modules at the Goetheanum. Thus at the beginning of April **colleagues from Thailand will complete their further training in anthroposophical mistletoe therapy** with a one-week course at the Goetheanum, Klinik Arlesheim and anthroposophical mistletoe producers. We are happy to discuss the provision of such courses with you.

The next **English Training in Anthroposophic Medicine will begin in March 2023** (<https://www.anthroposophicmedicine.org.uk/event-4656145>) and will again take place as a hybrid event – in attendance and with the possibility of participation via video. It would be extremely helpful to make medical colleagues aware of this international training opportunity!

Also as a hybrid event, the **Thai IPMT** took place in the last week of March with 60 participants, focusing on the human I-organisation and biography, the metals in Anthroposophic Medicine and understanding and treating autoimmune diseases.

We are pleased to announce that after two postponements due to the pandemic, the **international early years conference on the dignity of the child will take place at the Goetheanum from 15–18 June** (<https://www.goetheanum.org/en/the-dignity-of-the-child>). It was prepared by the interdisciplinary CARE I working group, in which gynaecologists and paediatricians, midwives, nursing staff and therapists work together with early years and special needs teachers as well as social education workers. We would like to invite all these professional groups to this conference which will address pregnancy, birth and the first years of life! A basic theme of our time, fear and anxiety, will also be a leitmotif at this conference – how can we contribute therapeutically and educationally to overcoming fear and anxiety?

"Studying and addressing LIFE in medicine" is the topic of our **English-language research conference**, which the Medical Section is holding this year together with the Integrated Curriculum for Anthroposophic Medicine at Witten/Herdecke University (DE) from **13–15 May 2022**. How can we adequately undertake scientific research into life, what methods

have developed in this field, what can they already achieve today? The conference will address a fundamental question of anthroposophical research, and young doctoral students up to well-known experts such as Prof Wolfgang Schad, who will draw on his rich research experience in this field in his lecture, will participate. Colleagues from all health professions are invited (<https://medsektion.goetheanum.org/en>).

In June we will start again with the **pastoral-medical work** at the Goetheanum and hold a **conference from 10–12 June** (<https://www.goetheanum.org/pastoralmedizinische-tagung-2022>). It will address the great imaginations of the sacrificial flame and the staff of Mercury and will lead to reflections on destiny and the common meditation that unites priests and physicians. The conference is aimed at physicians, medical students, priests and seminary students.

We would like to take this occasion to invite everyone to this year's **annual conference at the Goetheanum from 13–18 September**, which this year has the motto "The heart around us – The importance and meaning of the therapeutic community" (<https://medsektion-goetheanum.org/en/events-and-conferences>). It will again be divided into various specialist professional conferences taking place in parallel (13–15 September), a common middle section dedicated to spiritual deepening (15–16 September), and a subsequent concluding section focusing on our multiprofessional therapeutic work together. Fifty international workshops will offer an interesting and therapeutically substantive international programme. Registration will be possible shortly.

Warm greetings for Easter

Matthias Girke and Georg Soldner



NOTICES

Seventy years of Gesundheit aktiv: Since its foundation, the German citizens' and patients' association has been committed to participation, awareness-raising, networking and prevention. We congratulate Dr Stefan Schmidt-Troschke and his team for their far-reaching and effective work, for inspirational events and courses, and for their socio-legal engagement, and we wish Gesundheit aktiv a vibrant future (<https://www.gesundheit-aktiv.de/>)!

New "von Tessin Centre for Health & Education": The new "von Tessin Centre", established in proximity to the Freie Hochschule Stuttgart – Seminar for Waldorf Pedagogy (DE), has set itself the goal of supporting the healthy development of children and adolescents through the cooperation between experts from education, medicine and psychology. The founders of the Centre include Dr med Karin Michael, specialist in paediatrics and adolescent medicine at the Herdecke Community Hospital, Prof Dr phil Tomáš Zdražil, professor of school health promotion, and Mathias Maurer, former editor-in-chief of the journal *Erziehungskunst*. The comprehensive networking of health-promoting activities in educational institutions is as much on the programme as research and publication, as well as awareness-raising, advisory

and further training activities. Further information: <https://www.ticino-zentrum.de/>.

Updated Anthroposophic Pharmaceutical Codex (APC): The fifth updated edition is available as of now on the homepage of the International Association of Anthroposophic Pharmacists (IAAP): https://iaap-pharma.org/fileadmin/user_upload/pdf/apc/APC_Edition_5-0.pdf. The Codex serves to define and maintain the quality standards of anthroposophic pharmaceuticals and medicinal substances with regard to manufacturing processes and description (monographs). The APC is the standard reference for anthroposophical medicines and an important supplement to the official pharmacopoeias.

Goetheanum Adult Education Programme (GAEP): How can Goetheanism be explained and practised in anthroposophical training courses? What approaches are there to communicating the anthroposophical understanding of Christ, detached from a denominational context? The second GAEP module will address these questions online from 1–4 June 2022 and is aimed at those working in anthroposophical training and further training worldwide. An subject-specific exchange of experiences, practice work in small groups, and two discussion forums aim to help in dealing with these topics. Further information: <https://studium.goetheanum.ch/en/adult-education-program>.

Arts Therapies annual conference: For over 24 years the annual conference of the international arts therapies has been held at the Goetheanum. In recent years, more than 300 colleagues from more than 40 countries have been welcomed. Anthroposophical arts therapies include therapeutic painting and modelling, therapeutic speech, and music and singing therapy. The first of three online Tria Principia conferences took place on 26 March 2022. International participants immersed themselves in the motif of sulphur. The focus on mercury follows on 13 August, on 5 November attention turns to sal. Registration for the recordings and online meetings is possible at any time at <https://medsektion.goetheanum.org>.

French-language webinar: On 21 April 2022, AFEDMA, the French Association for the Teaching and Development of Anthroposophic Medicine, is offering a day-long webinar on the topic of "Caractérisation et interactions de l'organisation du Je et du corps physique, autour d'une observation clinique" (Characterisation and interactions of the I-organisation and the physical body, centred on clinical observation). Case studies, exchange among participants and eurythmy sessions round off the programme, which is aimed at physicians, dentists and midwives. The lecturers are the anthroposophical physicians Dr Claude Boudot, Dr Jean

Chazarenc, Dr Christophe Dekindt, Dr Alain Fréby and Dr Xavier Perrut. Contact: contact@afedma.fr.

French-speaking medical conference at the Goetheanum: We are pleased to host the 6th interprofessional anthroposophical medical conference "L'humain entre lumière et pesanteur" (The human being between light and gravity) at the Goetheanum from 26–29 May. Contributors: Dr Patrick Aufrère, Dr Jean-Georges Barth, Dr Claude Boudot, Dr Alain Bourdot, Dr Jean Chazarenc, Dr Olivier Coutris, Viviane Démarais, Christian Duchemin, Dr Matthias Girke, Dr Dominique Leiber, Sophie Martin, Yolande Marx, Michèle Saidi and Prof Dr Peter Selg. Programme at <https://www.ifema.fr/seminaires/>. Registration is requested by 6 May: contact@afedma.fr.

89th conference of the Italian Medical Association: Under the title "La ricerca in medicina nelle sue dimensioni etiche e conoscitive" (Research in medicine on an ethical and cognitive level), the meeting will be held in Roncegno (IT) from 22–25 April 2022. What is research in medicine? Can only that be called research which is carried out experimentally in pharmaceutical laboratories or in university institutions, where the value of human experience is often questioned and success is determined by economic means and statistical methods? Or can we speak of scientific research in a much broader sense, in the knowledge that we are dealing with the complexity of life: with the complexity of the human being, nature, the cosmos and their reciprocal relationships? The extension of the concept of research means regaining confidence in the human being, their senses and their thinking. Information and programme <https://bit.ly/3NuQrpW>.

Interdisciplinary training in Italy: In October 2022, a three-year training course in Anthroposophic Medicine will begin in Roncegno (IT), to which physicians, pharmacists, dentists and veterinarians are invited. The training concept is based on more than twenty years of teaching experience which focuses on an interdisciplinary approach for the medical professions and where science is enriched by art to create a new perception. The advancing technologisation of medicine, its distancing from the concrete human being, its drift into transhumanist tendencies today require the development of a consciousness that supports and consolidates the humanistic framework of knowledge that anthroposophy has to offer. Information and programme at <https://www.corsoformazioneprima.it/>.

100 years of Bothmer® Gymnastics: All human beings, regardless of their origin, skin colour, faith, etc., are united by the human form which has its origin in the spiritual. Movements in which height, width and depth are not only directions but can be seen and experienced as qualities and laws were elaborated by

Count Fritz von Bothmer, gymnastics teacher at the first Uhlandshöhe Waldorf School in Stuttgart (DE). The basic principles of Bothmer® Gymnastics, named after its founder, were developed between 1922 and 1938. The age-appropriate exercises are derived from the spatial developmental laws of the child. Part-time training courses in Bothmer® gymnasts have been offered on all continents since 2000. In addition to its educational efficacy, the therapeutic relevance of Bothmer® Gymnastics has been increasingly elaborated over the last 30 years. It is used successfully in anthroposophical hospitals as well as in private practices for body therapy and physiotherapy and in special needs education. Since 2012 there has also been an opportunity for further training. The holistic approach of Bothmer® Gymnastics with regard to the perception of the human body and its surrounding space is a good diagnostic tool for assessing the body's movement in space and the therapeutic approaches derived from it. The anniversary will take place during the international Bothmer® Summer Conference in Lübeck (DE) from 5–7 August 2022. The therapeutic healing impulses will be presented on 13 September 2022 at the annual conference of the Medical Section. Information at <https://bothmer100.eu/> or <https://bothmer-movement.eu/>. (Gudrun Rehberg)

Body therapy perspectives conference 2022: In 2021, Matthias Girke and Georg Soldner invited the body therapists to Dornach to discuss the future of anthroposophical body therapies. The keynote lecture by the Section leaders was a successful way in for the 30 participants from eight different methods to engage in a lively exchange of views chaired by Rolf Heine. Three working groups were formed, which worked on the following topics throughout the year: Research, Quality and Accreditation, Training and Further Training. An English-language perspectives conference in an online format was held in September 2021, which also attracted great interest. From 3–4 June 2022, the perspectives conference 2022 will be held at the Kassel Anthroposophical Centre (DE). Invitation and programme at <https://www.iaabt-medsektion.net./projekte>.

Changes in two section leaderships: As of January 2023, the pharmacist and Goethean botanist Vesna Foršnerič Lesjak will succeed Dr Johannes Wirz and Dr Matthias Rang as head of the Natural Science Section. She was born in 1986 and owns a Demeter farm in Slovenia with her husband. She is very active in promoting anthroposophy in her country and produces food supplements on her farm. She has also undertaken research on Lyme disease/Dipsacus and developed a specific remedy for this disease. – From April 2023, Nathaniel Williams from the USA will take over the leadership of the Youth Section. Until then, the inter-

im team with Andrea de la Cruz, Ioana Viscrianu and Johannes Kronenberg will lead and develop the work of the Youth Section in close cooperation with Dr Constanza Kaliks and Nathaniel Williams.

Read Steiner! The new catalogue of the publisher Salumed Verlag wants to encourage people to read Rudolf Steiner in the original: "As valuable, practical and helpful as secondary literature is – the 'friction' with the original stimulates our own thinking and doing in a special way. Beyond the usual way of reading, new ideas mature, unexpected paths to anthroposophical medicine open up. Perhaps after 'Steiner original' you will look at the world and human beings with similar enrichment and curiosity as Rudolf Steiner did after his wide-ranging reading." (https://www.salumed-verlag.de/files/bilder/Downloaddateien/SALFLYER_2022.pdf).

ANTHROMEDICS

An article on "The Depressive Disorders" by Markus Treichler is available in German, English and Spanish on Anthromedics: <https://www.anthromedics.org/PRA-0555-DE>, <https://www.anthromedics.org/PRA-0555-EN>, <https://www.anthromedics.org/PRA-0555-ES>.

IN MEMORIAM



David Gershan MD died suddenly and unexpectedly on 3 January 2022 in San Francisco/USA at the age of 78. David Gershan was a strong supporter of the Anthroposophical Society and a board member of the North American Physicians' Association for Anthroposophic Medicine (PAAM)

and for many years ran the Anthromed Library. He loved biodynamic agriculture and was involved in the development of the pharmaceutical work. He dedicated himself to social service and the treatment of AIDS patients in a municipal hospital in San Francisco. He possessed an impressive charisma which accompanied his decades of commitment to Anthroposophic Medicine. We hope for his impulses from the spiritual world.

Dr med Friedwart Husemann, born on 7 March 1945, died on 3 February 2022 during a throat operation. He had suffered from metastatic thyroid cancer for more



than 18 years, which required repeated, risky surgical procedures to maintain his breathing and voice. As a physician and genuine representative of anthroposophy, Friedwart Husemann set standards. He gave his last lecture on 6 March 2020, the day before his 75th birthday, in the Goetheanum

Schreinerei on occasion of the 100th anniversary of Rudolf Steiner's first course for physicians. At the end of his lecture manuscript, Husemann revisits the polarity of neurasthenia and hysteria from the beginning of the lecture cycle and notes: "Neurasthenia turned into a positive moral aspect: attentiveness. First and most important virtue of the physician. Hysteria turned into a positive moral aspect: devotion. Second, most important virtue of the physician." May Friedwart Husemann continue to accompany us in our quest for attentiveness and devotion. (Georg Soldner)



Dr med Anděla Šárková crossed the threshold on 4 March 2022 at the age of 72. Our colleague was a member of the Anthroposophical Medical Association in the Czech Republic, worked in patient care for 47 years, participated in all International Postgraduate Medical Trainings (IPMT) in Český Krumlov, Czech Republic, and graduated from the Miloš Brabínek Academy. In a last conversation she said, "I am tired, I will rest on the clouds in heaven." We accompany Anděla Šárková with our warmest thoughts.



Dr Roland Schaette, chairman of the board of SEKEM Freunde Deutschland e.V. (Friends of SEKEM Germany), died on 21 March 2022 at the age of 79. Due to illness, his strength had increasingly diminished in recent months, but he always remained full of confidence and positivity. Shortly

before crossing the threshold, he took part in interdisciplinary medical work at the Goetheanum. Roland Schaette was for many years the managing director of the "Dr. Schaette" company for organic animal remedies and co-founder of the SEKEM company ATOS Pharma. As a pharmacist and anthroposophist, he studied Goetheanism particularly intensively. His expertise and deep connection with the SEKEM vision will be greatly missed by many friends, but his significant impulses will keep the memory of Roland Schaette alive.

RESEARCH

Pelzer F, Loef M, Martin DD, Baumgartner S. *Cancer related fatigue in patients treated with mistletoe extracts: a systematic review and meta analysis*. Supportive Care in Cancer 2022. Open access DOI: <https://doi.org/10.1007/s00520-022-06921-x>.

Ücker A, Baumgartner S, Martin D, Jäger T. *Critical Evaluation of Specific Efficacy of Preparations Produced According to European Pharmacopeia Monograph 2371*. Biomedicines 2022;10:552. Open access DOI: <https://doi.org/10.3390/biomedicines10030552>.

von Bonin D, Klein SD, Kirst J, Streit E, Avianus O, Grah C, Wolf U. *Anthroposophische Therapeutische Sprachgestaltung bei Asthma bronchiale: eine prospektive, kontrollierte multizentrische Crossover-Studie*. Der Merckurstab 2022; 75(1): 22-28. DOI: <https://doi.org/10.14271/DMS-21452-DE>.

RECOMMENDED LITERATURE

Friedrich Edelhäuser, Ruth Richter, Georg Soldner (Eds.): *Goetheanismus und Medizin*. Dornach 2022.

"Goetheanism is an attitude towards knowledge that trains careful immersion in the phenomena in all branches of science. It offers a methodological complement to empirical natural science. In this book, scientists from two generations describe their approach to the Goethean method and show its significance in medicine, genetics, anthropology and physics." (Verlag am Goetheanum)

Natalie Rehm: *Gehen – Sprechen – Denken: Wie sich Babys aus eigener Kraft entwickeln. Ein Praxisbuch zur frühkindlichen Entwicklung*. Munich 2021.

"In this fundamental book, the experienced parenting guide Natalie Rehm gives parents a sound insight into the latest scientific findings on the conditions of child development. With lots of suggestions and concrete tips, she helps parents support their children in the full development of their inborn potential." (Kösel-Verlag)

Silke Schwarz, David Martin (Eds.): *Intuition: Ihr Wesen, ihre Formen, ihre Ausbildung als Fähigkeit für Wissenschaft und Praxis, insbesondere der Medizin*. Wittener Colloquia, Volume 8. Würzburg 2022.

"This book shows the reader diverse perspectives from the fields of art, medicine, criminology, anthropology, anthroposophy and philosophy, and encourages us to strengthen our own intuition through exercises, because a precise analysis of intuition also opens up insights into our own self and answers questions about the nature of the spiritual and of trust." (Königshausen & Neumann)

Rudolf Steiner: *Physiologische Menschenkunde. Texte zur Medizin I*. Edited by Prof Dr med Peter Selg. Thematically compiled from 211 of Rudolf Steiner's works. With 123 blackboard drawings and sketches. Berlin 2022.

An "invaluable benefit to have the essential texts regarding a question immediately available, which greatly facilitates the work in practice, in research and teaching, and can even inspire it ... Peter Selg's dedication and diligence deserve respect and thanks. This volumes belong on the shelf of every anthroposophical physician." (*Der Merkurstab* 4/2005, Dr Armin Husemann)

Steven Johnson, Nasha Winters, Adam Blanning, Marion Debus, Paul Faust, Mark Hancock, Peter Hinderberger: *Mistletoe and the Emerging Future of Integrative Oncology*. New York 2021.

"The book was structured following the syllabus for a three-day practitioner training hosted by the Physicians' Association for Anthroposophic Medicine (PAAM). The chapters highlight several of our key lectures in a condensed form. The book serves as an introductory summary of – not a replacement for – those intensive professional trainings.« (The authors) (Repeated book recommendation!)

Rudolf Steiner: *Art and the Theory of Art* (CW 271). Forest Row 2022.

"This volume of Steiner's Collected Works is unique in that it showcases a survey of both early written works and later lectures to anthroposophic audiences, and in doing so presents a picture of a lifetime of intensive effort to convey something essential about the arts. Viewed as a whole, this volume forms one of the most provocative collections of the twentieth century on the subject of art. It offers a unique analysis of the origin, foundation, and method of the creative process." (Rudolf Steiner Press)

EVENTS & DATES

3–10 April: First session of Training in Anthroposophic Pharmacy: Alchemical Roots to the Modern Production of Natural Medicines. New five-year North American cycle 2022–2026. With Albert Schmidli PharmD and Steven Johnson DO in Chestnut Ridge, New York. For pharmacists, pharmacy students, and those involved in pharmacy research and production. The course is also open, on a limited basis, for experienced anthroposophic prescribers and others involved in the cultivation of healing plants. For details and contact: <https://anthroposophicmedicine.org/anthroposophic-pharmacy-course>.

18–19 April: International specialist conference on eurythmy, eurythmy therapy, creative speech. Online conference with livestreams from the attendance conference. Programme and registration at: <https://srmk.goetheanum.org/konferenz-2022/online>.

19–22 April: International specialist conference on eurythmy, eurythmy therapy, creative speech. Attendance conference from 19 to 22 April 2022, with online access to the livestreams. Programme and registration at: <https://srmk.goetheanum.org/konferenz-2022/praesenz>.

21 April: AFEDMA webinar in French on Anthroposophic Medicine. With Dr Claude Boudot, Dr Jean Chazarenc, Dr Christophe Dekindt, Dr Alain Fréby and Dr Xavier Perrut. Information and contact: contact@afedma.fr.

22–25 April: 89th conference of the Italian Medical Association „La ricerca in medicina nelle sue dimensioni etiche e conoscitive” in Roncegno (IT). Information and programme at <https://www.medicinaantroposofica.it/convegni/save-the-date-la-ricerca-in-medicina-nelle-sue-dimensioni-etiche-e-conoscitive/>.

3–6 May (and 17–20 Oct): Goetheanum Leadership Course (online). This international and interdisciplinary course with its two modules is designed to be attended in parallel to occupational activities. It is aimed at people in leadership positions who want to rediscover their leadership skills. The language of communication is English. Programme and registration at <https://studium.goetheanum.ch/en/professional-development/leadership-course>.

5–8 May: Interprofessional introductory seminar of the Arlesheim Medical Seminar, for physicians, nursing staff, students, trainees and members of other medical professional groups. Programme and registration at <https://aerzteausbildung.com/einfhrungsseminar-mai>.

13–15 May: Anthroposophic Medicine Research Congress. 2022 "Studying and Addressing LIFE in Medicine", Witten/Herdecke University (DE). Congress on concepts, research methods and implementation in clinical practice at the Goetheanum, Dornach (CH). Invitation and Programme at <https://medsektion-goetheanum.org/en/events-and-conferences>.

26–29 May: Congrès Médical Anthroposophique Interprofessionnel "L'humain entre lumière et pesantur" au Goetheanum, Dornach (CH). Conference in French. Programme: <https://www.ifema.fr/seminaires/>. Registration by 6 May: contact@afedma.fr.

1–4 June: Goetheanum Adult Education Programme online event. Information: <https://studium.goetheanum.ch/en/adult-education-program>.

10–12 June: Pastoral medical conference 2022 "Sacrificial flame and the Staff of Mercury" at the Goetheanum, Dornach (CH). Physicians and priests. Programme and registration at <https://www.goetheanum.org/pastoralmedizinische-tagung-2022>.

15–18 June: International early years conference at the Goetheanum, Dornach (CH), "I feel good in your eyes". How do trust, warmth and autonomy arise in the interaction between adult and child? Programme and online registration at <https://www.goetheanum.org/en/the-dignity-of-the-child>.

20–26 June: Second international online training block of 5-year international training program in Anthroposophic Pharmacy (2021–2025), with Albert Schmidli, Rosa Beilmann, Maria "Jenny" Burniewicz, Denis Koshechkin, Marek Roszkiewicz, Ewa Waśniewska. Contact: marcoroszkiewicz@gmail.com.

29 June–3 July: International conference on the centenary of eurythmy therapy "Looking to the future" in St Petersburg (RU). With Dr Wilburg Keller Roth, Dr Marion Debus, Pirkko Ollilainen, Hana Adamcová, Marina Melichewa, Dr Vadim Sivolobov, Margarita Denisova, Dr Denis oshechkin, Lidia Shpak, Dr Evgenija Majorova, Helena Ahtiainen, Thilo Riebold, Pirjo Vahviala. Registration, suggestions, questions to Margarita Denisova please: margo.denisova@gmail.com and Lidia Spak: lidia-ws@rambler.ru.

28 July: Start of new further training course in anthroposophically extended physiotherapy. In seven modules, approaches relevant to the work of physiotherapists will be developed based on Anthroposophic Medicine. Information at www.anthropophysio.org/Fortbildung/.

30 July–6 August: XIXth International Training block of the International Postgraduate Medical Training (IPMT) "The seven life processes" in St Petersburg (RU). For more information see <https://ipmt.medsektion-goetheanum.org/en/courses>.

13 August: Online yearly cycle of Anthroposophic Arts Therapies "Art & Medicine – Tria Principia. Are we speaking the same language?" (2nd module). Programme and registration at <https://medsektion-goetheanum.org/en/events-and-conferences>.

2–4 September: Viscum therapy training seminars "For understanding the Viscum spirit..." In St Petersburg (RU). With Dr Hartmut Ramm (CH) and others. Please contact Dr Koshechkin for more information: denis.koshechkin@medsektion-ikam.org.

5 Sept– 2 Oct: Goetheanum online course – 28 days of anthroposophy: international studies and colloquia at a fixed time for 1.25 hrs per day via Zoom and 20 minutes daily each of eurythmy, art and short con-

tributions by video. Studies including in German/English/Spanish and Portuguese as well as French. Language of communication in the colloquia is English. Information and registration at <https://studium.goetheanum.ch/en/online-studies>.

13–18 September: International annual conference of the Medical Section "The heart around us". The importance and meaning of the therapeutic community. Programme and registration shortly at <https://medsektion-goetheanum.org/en/events-and-conferences>.

From October: Three-year interdisciplinary training in Anthroposophic Medicine for physicians, pharmacists, dentists and veterinarians in Roncegno (IT). Information and programme at <https://www.corsoformazione.it/>.

5–9 October: International conference of the Anthroposophic Council for Inclusive Social Development "On the Quest for Health. Vulnerability, Love and Balance". This year, the focus will be on the interprofessional spheres of contact with medicine, nursing and therapeutic services. Central will be the awareness of the connection between all our abilities and activities in order to be able to build a resilient and healthy world community. From May 2022 further information and registration at www.inclusivesocial.org.

From March 2023: English Training in Anthroposophic Medicine. In attendance and with the opportunity to participate by video. Information and registration at <https://emerson.org.uk/course/anthroposophic-medicine/> or <http://www.anthroposophic-drs-training.org/>.

Our calendar of events

<https://medsektion-goetheanum.org/en/events-and-conferences/>